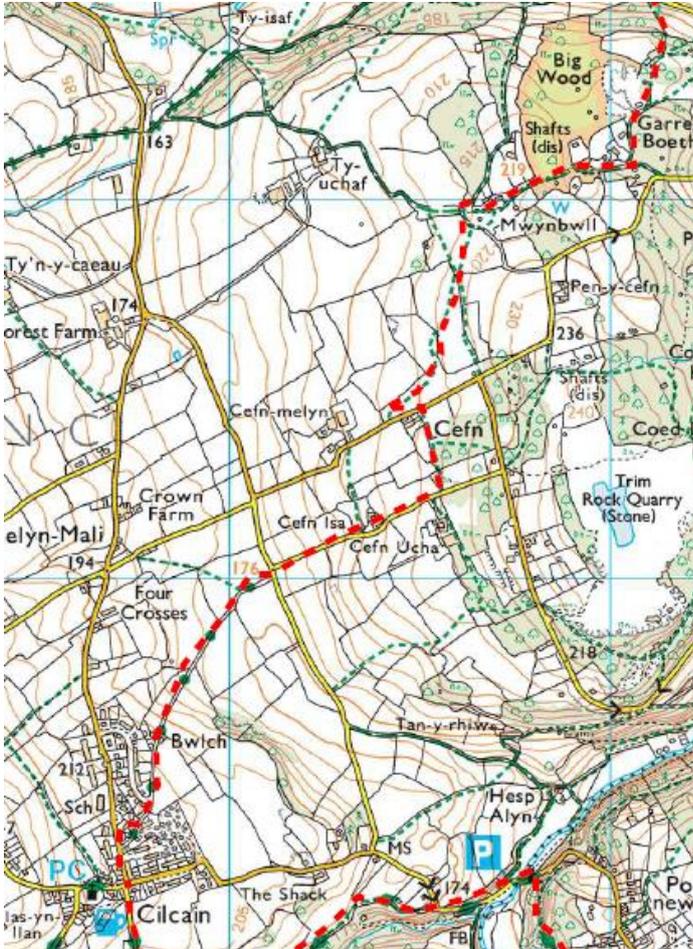


ST. WINEFRIDE PILGRIMAGE TRAIL

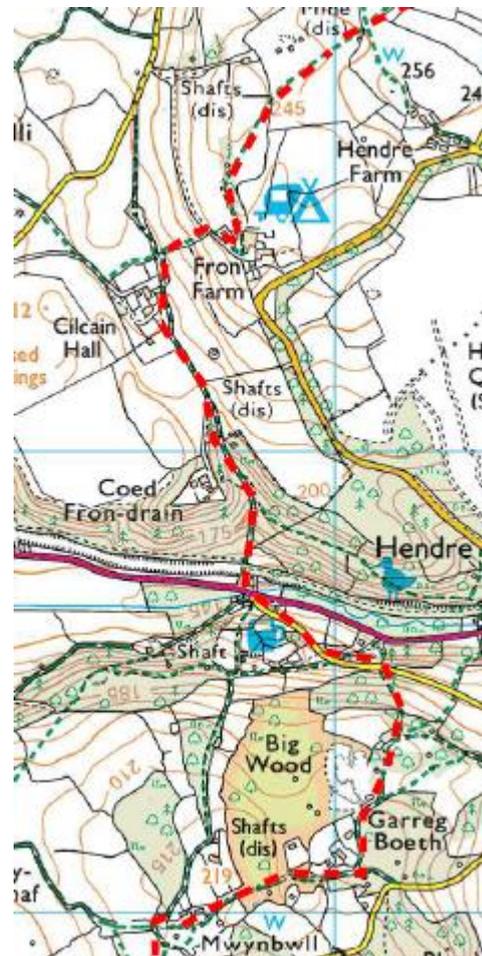
STAGE 7 Cilcain to Holywell



From the Cross Roads, walk along the road to the Post Office. Ignore the first road on your right and take the second one. Continue down this narrow land to the end. At the road junction turn left and immediately right. At the junction take the footpath opposite side of the road. Continue along with the fence on your left. Go through the gate then over the stile on your right.

Go left to and through the gate on to a bridleway.

Turn right along the bridleway. Turn left along the access road. After passing Tyn y Coed enter the wood and walk through. At the junction of paths go right the path eventually becomes an access road to a cottage. Follow to the road. Turn left downhill to the lane to emerge by the Royal Oak Pub.



Cross over the main road to the track opposite. This goes uphill through a wood and levels out at the rear of Cilcain Hall. Take the footpath through kissing gate on your right up to the access road to Fron Farm.

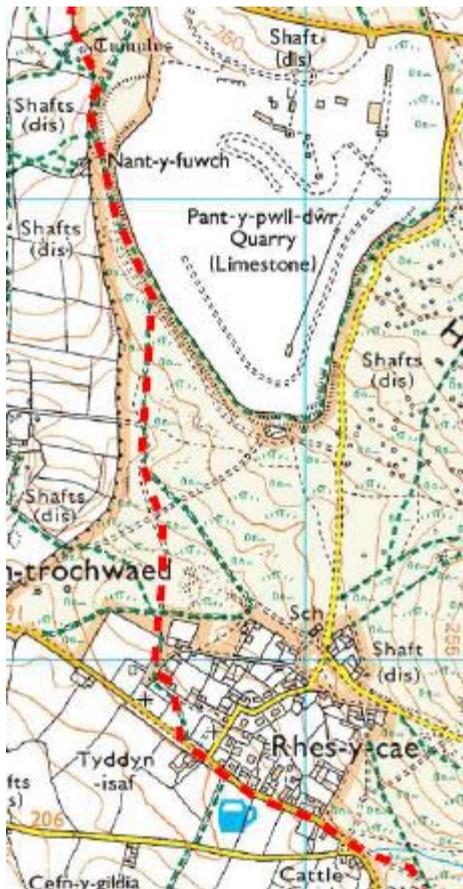


As you enter the farmyard turn sharp left. Walk ahead and then bare right passing the campsite on the other side of the hedge to the corner of the field. Go over the stile. Go ahead and walk with the hedge on your right to the lane.

Cross over and walk slightly left and then right to go ahead up the low hill. Continue until you reach a small copse on your left. Walk through this to a stile in the corner of the field. Go over three stiles to reach the Common. Walk along the road to the junction.

Turn left along the track and shortly cross the Common to the top of the hill Moel y Ffagnallt. After visiting this magnificent view point bare left and pick a path downhill to re-join the track and follow it right around and down to the village of Rhesycae.

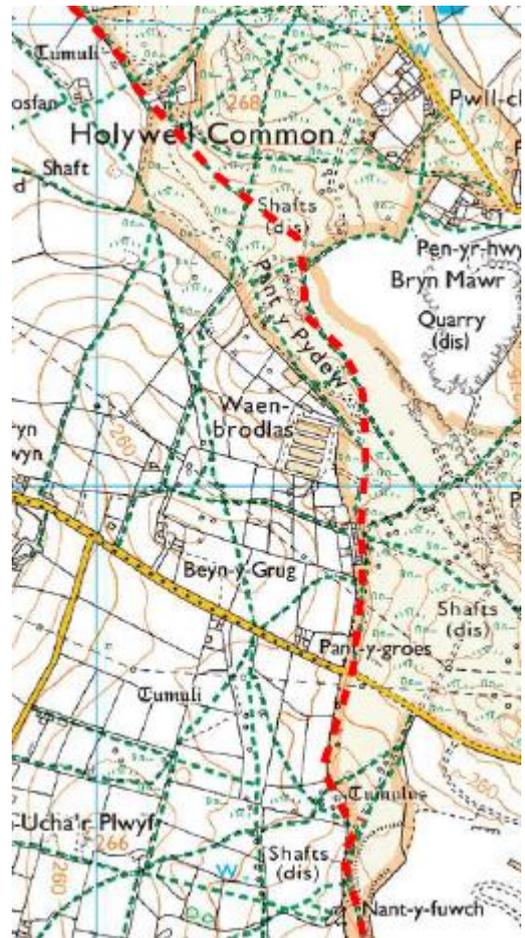




Walk through the village to the Chapel. Take the track across the Common towards the houses and the back of the Church. Walk in front of the terrace and around the end. Immediately leave the track and head for the gap ahead which leads on to the open land.

Continue ahead along a broad green track. Head for the farmhouse in the distance passing to the right of it and join its access road. Walk along this for a short way leaving it to walk alongside the hedge and wall to the road.

Cross over and on to the track opposite. Follow this track to the impressive lime kilns ahead. Continue along the track slightly downhill between the old, now green, waste tips. When the track bares right go directly ahead and across a broad green area towards the smallholding ahead. Walk past it and down its access road. Pass behind the houses and then the school to the road.



Turn right along the road passing Brynford Church to the Cross Roads. Cross over past the bus shelter. Walk down the road and behind the barrier under the bridge. Turn left into the Pets Cemetery. Immediately turn right through the gate and along the track. At the fork go straight ahead and over the stile into the field. Walk with the hedge on your right to the bottom. Go through the gate right and zig-zag down to the access road to the cottage (on your left). Turn right through the gate to the road.

Turn left down the road to the traffic lights. Cross over at the Pedestrian Crossing and turn left. At the next road, Park Lane, cross over and into the Park. Walk down and around to the entrance of the Leisure Centre. Turn right and walk down through Memorial Garden and Gates into the High Street.

Turn left down the street and after passing the Town Clock turn right to the Ring Road. Cross over at the Pedestrian Crossing and turn left. Bare right down hill into Well Street. Follow this to walk past the Church to St Winefride's Well

