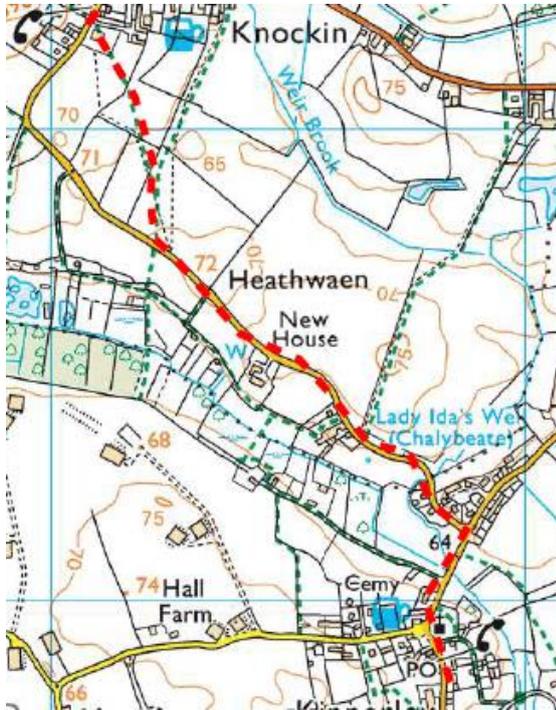


ST. WINEFRIDE PILGRIMAGE TRAIL

STAGE 3 Kinnerley to Oswestry



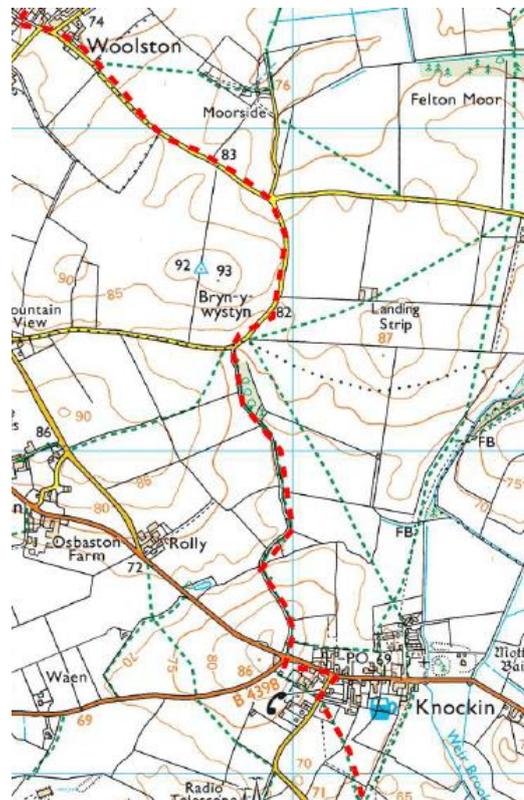
Follow the 'main' road round to the right past the village hall for 150 yards to an access track on the left. Go down this for 450 yards, then in front of Heathwaen Cottage take a footpath on the right which winds out to cross a streamlet and after 150 yards turns left below the house now known as Paddock Lodge. (N. B. These footpaths are only shown on up-to-date O.S. maps)

A kissing gate soon leads onto a narrow path which passes Ivy Cottage to the left, then becomes an access track which quickly turns right out to a road after

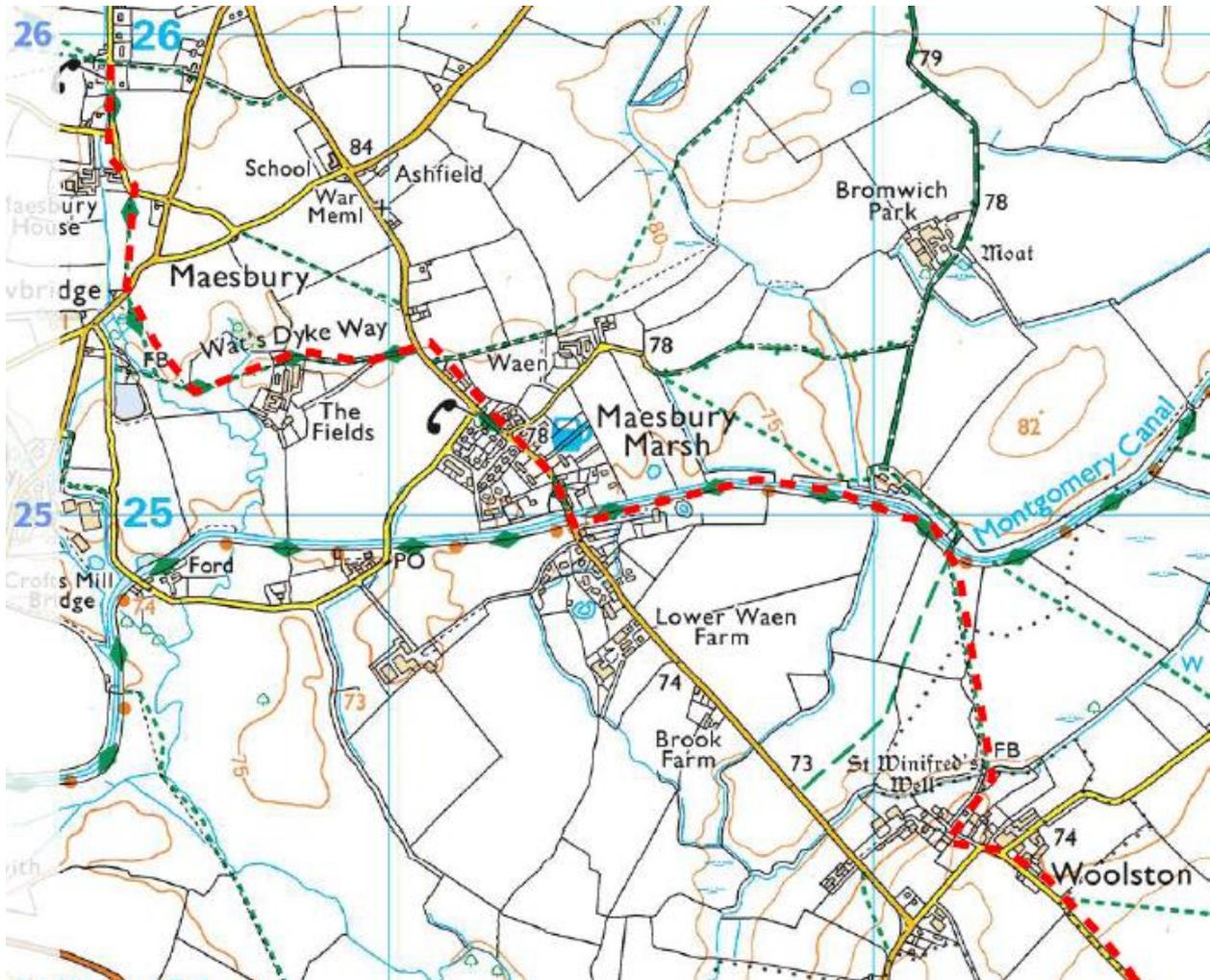
35 yards. Turn left along the road for about 150 yards, then cross a stile on your right, and go up the length of 3 fields to come out after 550 yards beside the Bradford Arms in Knockin.

Turn left and follow the main village road for 400 yards to the top of a rise, where another road goes off left. Here turn right on a track which winds between hedges for 3/4 mile to join a minor road at a corner.

Follow this road to the right for 500 yards to a crossroads, then turn left and continue for another 900 yards to the hamlet of Woolston.



Where the road turns sharp left continue ahead for 100 yards on an access track, then take the footpath on the right for 150 yards to St. Winifred's Well. The Landmark Trust has restored the small building over the well and the property is let out to visitors and often occupied.



After studying the Well continue down over the stream by a bridge and out into a field by a gate and follow the hedge on your left to a gateway and then through it cross the field towards some hawthorn trees. The land rises between these trees and would take you over the Montgomery Canal. Just before this (Bridge 78) there are steps down to the left onto the towpath and a seat.

Turn left and walk along the towpath to pass the Navigation Inn at Bridge 79. Go under the bridge and continue on the canal path past bridge 80 where you come to Canal Central (a shop and cafe that sells nice cakes etc. when it is open).

Continue on the towpath and at the next road at Croft's Mill, cross the lifting bridge to the right over the canal and walk up the road past the canal boat wharfage and marina on your left, called Pete's Mill, to a T junction, ignoring a footpath off to the right.

Alternative Route to the Offa's Dyke Path around Oswestry

After the Lifting Bridge at Croft's Mill continue along the Towpath. Go under the next road bridge and the next footbridge. You now pass the modern Corn Mill on the other side of the Canal. At the next bridge leave the Canal and go over the bridge to take the footpath opposite to go to the right of the farm buildings. This is Tramway Farm.

At the lane turn left and then take the footpath on your right. Follow this to the right hand corner of the field. Go directly ahead across the next field. In the next field bare right to go to the left of the houses and to the road. Turn left and walk to the Cross Roads at Llynclys.

Cross over the potentially busy road and walk past the pub. As you approach the last house on your left, take footpath on right. This goes through the buildings at Llynclys Farm to join the Shropshire Way.

Walk with the hedge on your right. In the next field, head for the right hand edge of the wood (Dolgoch Quarry Nature Reserve). In the next field turn right and continue with the hedge again on your right towards Little Nuttree Farm. Turn left along the lane. Shortly take the footpath on your left. The footpath joins a lane where you turn right.

Enter the Sweeney Fen Nature Reserve. Continue along the Shropshire Way through this reserve. Pass between the two small woodlands. Go through the next field to the road. Turn left along it and then right towards Gronwen Farm. Walk past the farm and across the field to the lane.

Cross over the lane and head towards the woods opposite to join a bridleway. Turn left along it and follow to another lane. Turn left to the staggered cross roads at Trefonen. Go directly across and shortly take the footpath on right on to the Offa's Dyke Path. The main route joins the National Trail at the Old Racecourse.

Turn right at the junction into Morton Lane, cross the Morda brook, and then go left over a stile after about 100 yards by a telegraph post and then on alongside the grounds of a small cottage, over 2 stiles and out into a field.

Go ahead for nearly 200 yards to a stile out onto Ball Lane which you follow left and at a T Junction continue straight on along Ball Lane.

After Bridge Cottage turn left past a FP sign and go over a footbridge and the stile at the back of Bridge Cottage.

Aim for the telegraph pole in front of you in the middle of the field, then the single telegraph pole at the far side of the field and finally aim to the right of the cream house in the corner of the field and cross 2 stiles close together.

Keep the hedge and fence on your left and turn left and cross the stile at the end of the field into a lane, turn right and continue up the road.



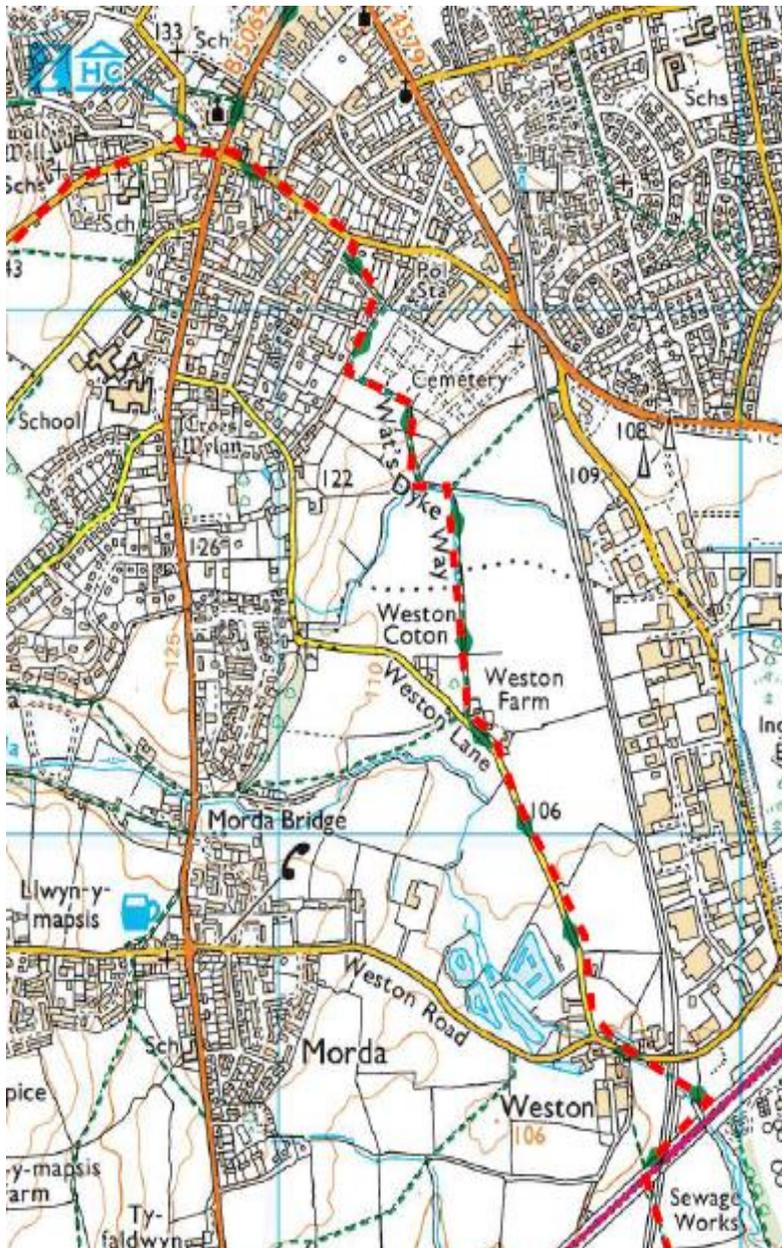
After passing Gwernhafod on your left you will see a public footpath sign and stile on your left. Cross this and then continue diagonally right over the field and cross the stile to left of an oak tree.

Keep the fence on your right and cross through the gate at the end of the field.

Keep the hedge on your right, go through a gap in a hedge at the far right hand corner of the field and walk diagonally left across the field, aiming for a building on the horizon, and then cross another stile.

Aim for a point a little to the right of the far left hand corner of the next field where you will see the stile into the next field which you cross.

Continue straight ahead until you see and cross a stile on your left hand side which takes you over the railway line to another stile into a small copse and then out to the A483.



Cross and follow this busy main road to the right for 150 yards, over the River Morda, then drop down the bank to a stile into a field. Cross 3 stiles in close succession, (2 cross a currently disused section of railway), and then a 4th up onto a road.

Go left for 100 yards, then turn right onto Weston Lane and go past Weston Pools Village on your left continuing on the road for some 750 yards until you can turn right through a kissing gate after Weston Farm. Go along the enclosed path for nearly 500 yards, then turn left passing a kissing gate on your right.

In another 70 yards go through the kissing gate ahead of you, ahead on the path between two fences and up to the metal kissing gate at the top.

Keep straight ahead with the hedge on your right through the next kissing gate facing the cemetery.

Turn left along the boundary of the cemetery, then turn right following the boundary, and at the end take the left kissing gate in the left hand corner of the patch of grass.

Go along the track between hedges and take the kissing gate onto Queen's Road, turn right and at the T junction turn left into Victoria Road.

Victoria Road becomes Lower Brook Street, at the traffic lights turn right and cross over to visit St Oswald's Church if it is open.

